

One-Week Online Short Term Course/Workshop
in
**SCIENCE & TECHNOLOGY OF PSYCHOLOGICAL
WELL-BEING, YOGA, ALTERNATIVE INTERVENTIONS**

organized by



UGC-Human Resource Development Centre (HRDC)
GURU NANAK DEV UNIVERSITY, AMRITSAR

23 to 29 March 2022

ABOUT UNIVERSITY

Guru Nanak Dev University was established in Amritsar on November 24, 1969 to mark the 500th birth anniversary of Sri Guru Nanak Dev Ji. Ever since its inception, it is determined to become an institution of excellence in teaching, research, sports and cultural activities and is conferred with "University with Potential for Excellence" by UGC, accredited with A++ grade by NAAC and "Category One" status being only University to earn this elite status in state of Punjab, Himachal Pradesh and Chandigarh. University has also earned the status of the second cleanest higher educational institution in the country in the category of Government Universities by the Ministry of Human Resource Development, Govt. of India



Chief Patron
Prof. (Dr.) Jaspal Singh Sandhu
Vice-Chancellor
GNDU, Amritsar, (Pb.) INDIA

ABOUT HRDC CENTRE

Human Resource Development Centre (previously known as Academic Staff College), Guru Nanak Dev University was established in 1987 following introduction of the scheme by the University Grants Commission in 1987 and has presently is an excellent platform for academic community of the university to share its knowledge, insights and ideas with larger academic community of the country on a reciprocal basis.



Director HRDC
Prof. (Dr.) Sudha Jitender
Department of Hindi
GNDU, Amritsar, (Pb.) INDIA



Deputy Director HRDC
Dr. Rajbir Bhatti
Department of Pharmaceutical Science,
GNDU, Amritsar, (Pb.) INDIA



Co-ordinator
Prof. (Dr.) Sukhdev Singh
Department of Phy. Edu.
GNDU, Amritsar, (Pb.) INDIA

For Faculty and Research Scholars of Universities/Colleges/Institutions of Higher Education from any Discipline

The course will be conducted through Google meet in Online mode

Register online at: <http://www.hrdegndu.org/>

Registration Fee: Rs. 1000/- INR

Course Timings : 9.30 a.m. to 4.30 p.m.

For queries Please contact: 98148-51010; 94172-78858 (9.00 a.m. to 5.00 p.m. on working days)